CHEMICAL COMPOSITION AND BIOLOGICAL EVALUATION OF TRADITIONAL ALGERIAN PLANTS MELISSA OFFICINALIS L. AND URTICA DIOICA L.

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Abstract. *Melissa officinalis L.* and *Urtica dioica L.* were investigated for their phytochemical profiles as well as their antioxidant and anti-lithiatic properties. LC-MS/MS analysis revealed that *M. officinalis* possessed a more complex and diverse composition, particularly rich in flavonoids (myricetin, quercetin derivatives, apigenin, luteolin) and phenolic acids (caffeic, sinapic, ferulic acids). In contrast, *U. dioica* exhibited a simpler chemical profile, with lower flavonoid content but notable amounts of hydrophilic phenolics (caffeic acid, salicylic acid), riboflavin, and carotenoids such as β -carotene. The ethyl acetate fraction of *M. officinalis* was especially concentrated in polyphenols, whereas the aqueous fraction of *U. dioica* was richer in carotenoids and watersoluble antioxidants. These compositional differences corresponded to distinct biological activities. Antioxidant assays (DPPH, ABTS, FRAP) indicated that the ethyl acetate fraction of *M. officinalis* exhibited the highest radical scavenging activity. Furthermore, its aqueous extract showed significant anti-lithiatic efficacy, inhibiting calcium oxalate crystal formation by 87.12% at a concentration of 2 mg/mL.

Keywords: Melissa officinalis L., Urtica dioica L., LC-MS/MS, antioxidant activity, anti-lithiatic activity.